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 2022 Apollo Projects New Zealand Swimming Championships
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Results for 2022 Apollo Projects New Zealand Swimming Championships

Below are all results from the competition shown by session.

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Session 5 - Male Heats

Results

2022 Apollo Projects NZ Swimming Championships

Place: Sir Owen G Glenn National Aquatic Organizer: Swimming New Zealand
 Pool: 50m Competition Date: Apr 4, 2022 to Apr 9, 2022

Event 7, 400m Freestyle Men - Heat

FINA A W 3:48.15
 Mare Nos 3:56.14
 NZR 3:47.09 Matthew Stanley MATWK (NZL) 3/25/2012

Rank	Name	Age Team	R.T.	FINA	Time	Diff
1	Lewis Clareburt	Capital Swim Club	+0.68		3:56.83	Q
	50m: 25.93	100m: 54.40 (28.47)	150m: 1:23.78 (29.38)	200m: 1:53.71 (29.93)		
	250m: 2:24.27 (30.56)	300m: 2:55.19 (30.92)	350m: 3:26.56 (31.37)	400m: 3:56.83 (30.27)		
2	Gus Shivan	Mt Maunganui Swimming Club	+0.67		4:03.74	+6.91 Q
	50m: 27.23	100m: 58.03 (30.80)	150m: 1:28.93 (30.90)	200m: 2:00.51 (31.58)		
	250m: 2:31.29 (30.78)	300m: 3:02.31 (31.02)	350m: 3:32.93 (30.62)	400m: 4:03.74 (30.81)		
3	Louis Clark	North Shore Swimming Club	+0.74		4:06.38	+9.55 Q
	50m: 26.68	100m: 56.34 (29.66)	150m: 1:26.41 (30.07)	200m: 1:56.97 (30.56)		
	250m: 2:28.70 (31.73)	300m: 3:00.69 (31.99)	350m: 3:33.66 (32.97)	400m: 4:06.38 (32.72)		
4	Isaac Williams	Evolution Aquatics Tauranga	+0.70		4:10.39	+13.56 Q
	50m: 28.33	100m: 1:00.35 (32.02)	150m: 1:31.54 (31.19)	200m: 2:03.89 (32.35)		
	250m: 2:34.99 (31.10)	300m: 3:07.26 (32.27)	350m: 3:39.32 (32.06)	400m: 4:10.39 (31.07)		
5	Curtis Mellsop	Neptune Swim Club	+0.66		4:10.79	+13.96 Q
	50m: 28.13	100m: 58.52 (30.39)	150m: 1:30.08 (31.56)	200m: 2:02.19 (32.11)		
	250m: 2:34.29 (32.10)	300m: 3:07.05 (32.76)	350m: 3:39.58 (32.53)	400m: 4:10.79 (31.21)		
6	Larn Hamblyn-Ough	Coast Swimming Club	+0.77		4:11.14	+14.31 Q
	50m: 28.64	100m: 59.89 (31.25)	150m: 1:31.97 (32.08)	200m: 2:04.30 (32.33)		
	250m: 2:36.30 (32.00)	300m: 3:08.33 (32.03)	350m: 3:40.48 (32.15)	400m: 4:11.14 (30.66)		
7	Ikko Shibuya	Pukekohe Swimming Club	+0.66		4:12.91	+16.08 Q
	50m: 28.09	100m: 59.32 (31.23)	150m: 1:31.15 (31.83)	200m: 2:03.19 (32.04)		
	250m: 2:34.76 (31.57)	300m: 3:07.69 (32.93)	350m: 3:40.96 (33.27)	400m: 4:12.91 (31.95)		
8	Benjamin Silipo	Wanaka Swimming Club	+0.69		4:13.71	+16.88 Q
	50m: 28.93	100m: 1:00.17 (31.24)	150m: 1:32.32 (32.15)	200m: 2:04.32 (32.00)		
	250m: 2:36.91 (32.59)	300m: 3:09.07 (32.16)	350m: 3:41.19 (32.12)	400m: 4:13.71 (32.52)		
9	Ivan Lu	North Shore Swimming Club	+0.65		4:16.35	+19.52
	50m: 28.92	100m: 1:00.51 (31.59)	150m: 1:32.98 (32.47)	200m: 2:05.32 (32.34)		
	250m: 2:37.49 (32.17)	300m: 3:10.25 (32.76)	350m: 3:43.50 (33.25)	400m: 4:16.35 (32.85)		
10	Dominic Fawcner	St Paul's Swimming Club	+0.66		4:16.46	+19.63
	50m: 28.45	100m: 1:00.26 (31.81)	150m: 1:32.76 (32.50)	200m: 2:05.51 (32.75)		
	250m: 2:37.59 (32.08)	300m: 3:10.30 (32.71)	350m: 3:43.61 (33.31)	400m: 4:16.46 (32.85)		
11	Oxford Bayley	Tasman Swim Club	+0.64		4:16.71	+19.88
	50m: 28.08	100m: 58.85 (30.77)	150m: 1:31.13 (32.28)	200m: 2:04.39 (33.26)		
	250m: 2:38.33 (33.94)	300m: 3:11.64 (33.31)	350m: 3:45.23 (33.59)	400m: 4:16.71 (31.48)		
12	Chris Jiang	United Swimming Club	+0.64		4:18.08	+21.25
	50m: 28.53	100m: 1:00.11 (31.58)	150m: 1:32.84 (32.73)	200m: 2:05.76 (32.92)		
	250m: 2:38.64 (32.88)	300m: 3:11.48 (32.84)	350m: 3:44.68 (33.20)	400m: 4:18.08 (33.40)		

Event official at: 4/5/2022 10:11:54 AM

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